



### THE CONNECTION

#### NEWSLETTER

LINKING HEALTH AGENCIES AND COMMUNITY ORGANIZATIONS THAT WORK WITH MINORITIES IN UTAH

December 2008 Issue # 30

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### PUBLIC HEALTH MESSAGES FROM UTAH'S RACIAL AND ETHNIC MINORITY POPULATIONS

The Center for Multicultural Health is pleased to announce the 2008 *Qualitative Report: Public Health Messages from Utah's Racial and Ethnic Minority Populations*. The report offers insights into Utah minority health issues beyond the usual numeric health data.

The report includes the results of 17 community discussions with 180 members of some of Utah's racial and ethnic minority communities: African Americans, Asian Americans, Hispanic and Latino populations, and representatives of Samoa, Tonga and other Pacific Island nations. These discussions were held to identify community needs, challenges and opportunities related to seven health topics: access to health services, asthma, heart disease and stroke, HIV, immunizations, reproductive health and tobacco prevention. Seven of the sessions were conducted in Spanish. The report was completed by the University of Utah Department of Family and Preventive Medicine and sponsored by the Center for Multicultural Health and the other Utah Department of Health programs that address these topics.

The Utah Department of Health is currently creating a written response to the report. The response will explain how health programs intend to incorporate this feedback from minority communities into their program plans.

#### Some Key Messages from Participants

**Access to employee health insurance is our greatest need.** Many of us have incomes that disqualify us from publicly-funded health care services, yet we cannot afford health insurance premiums and co-payments. Prevention will remain a luxury without access to health care through affordable employee health insurance.

**Fund minority community-based organizations to lead health promotion efforts through face-to-face methods.** We want health information to come to us personally through peers from our cultures, rather than through mass media. Written materials and media ads should only reinforce person-to-person influence.

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The report can be accessed at <http://www.health.utah.gov/cmh/data/CommunityForums2008.pdf>



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## YOUTH RISK BEHAVIOR SURVEILLANCE PACIFIC ISLAND UNITED STATES TERRITORIES, 2007

Across the five Pacific Island territories, the leading causes of mortality among all ages include unintentional injuries, including motor-vehicle crashes; cancer; cardiovascular diseases; stroke; and diabetes. Priority health-risk behaviors, which are behaviors that contribute to the leading causes of morbidity and mortality, often are established during childhood and adolescence and then extend into adulthood. These behaviors are monitored by the Youth Risk Behavior Surveillance System (YRBSS).

The YRBSS monitors six categories of priority health-risk behaviors among youth and young adults, including behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including human immunodeficiency virus (HIV) infection; unhealthy dietary behaviors; and physical inactivity. The YRBSS also monitors obesity and asthma and includes national, state, territorial, tribal, and local school-based surveys of students in grades 9--12.

This report summarizes results from the 2007 Youth Risk Behavior Survey (YRBS) conducted in five Pacific Island Territories (American Samoa, Commonwealth of the Northern Mariana Islands, Guam, Republic of the Marshall Islands, and Republic of Palau) during January 2007--June 2007.

The completed report can be accessed at <http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5712a2.htm>

Source: *Morbidity and Mortality Weekly Report (MMWR)*  
<http://www.cdc.gov/mmwr/index.html>

## FREE ADULT DIABETES PREVENTION TOOLKIT FOR HISPANIC/LATINO COMMUNITY-BASED ORGANIZATIONS

The American Diabetes Association has launched this toolkit designed specifically for community-based and faith-based organizations in Hispanic/Latino communities. The toolkit was developed to improve the quality of life for Hispanics/Latinos with and at risk for diabetes and provides organizations with comprehensive and culturally relevant information on diabetes and healthy living.

The kit contains the following:

- 25 Latin Flavor in the Kitchen Recipe Samplers
- 25 Por Tu Familia Brochures
- 25 Healthy Lifestyle bilingual tip-sheets
- 2 Por Tu Familia posters (1 in English and 1 in Spanish)

To order a free copy of this kit for your organization, please call the ADA National Call Center at 1-800-DIABETES (342-2383).

## THIRD NATIONAL LEADERSHIP SUMMIT ON ELIMINATING RACIAL AND ETHNIC HEALTH DISPARITIES IN HEALTH

In 2006, the Office of Minority Health (OMH), U.S. Department of Health and Human Services, held a National Leadership Summit on Eliminating Racial and Ethnic Disparities in Health. It brought together nearly 2,000 leaders from the public and private sectors and marked 20 years since the establishment of OMH. The Summit served as a significant turning point in national discussions on improving health and health care outcomes for racial and ethnic minorities in the United States.

The National Partnership for Action to Eliminate Health Disparities (NPA) was launched by OMH in response to the energy and clarity of purpose among Summit leaders and participants. It focuses on five common themes: awareness of health disparities; leadership for addressing health disparities; patient-provider communication and interaction; cultural and linguistic competency; and coordination and utilization of research and data.

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The 2009 Summit is a continuation of our efforts to develop a national strategy and to move toward common language, from health disparities to health equity. Results of the Summit will become part of the National Blueprint for Action, which will guide OMH and its public and private partners. Together, experts, practitioners, leaders, stakeholders, and partners from both private and public sectors will begin to construct strategies and actions, shape policies, and foster the next generation of leaders to continue our mission.

As part of OMH's broader initiative to eliminate racial and ethnic health disparities, this 2009 Summit's objectives and tracks are:

- Track 1: Increase Awareness of Health Disparities
- Track 2: Strengthen Leadership at All Levels
- Track 3: Enhance Patient-Provider Communication
- Track 4: Improve Cultural and Linguistic Competency in Delivering Health Services
- Track 5: Coordinate and Utilize Research and Outcome Evaluations More Effectively

To reach these objectives, the Summit will: (1) build a renewed sense of leadership and partnerships across communities, (2) share success stories and methods, (3) demonstrate how model programs can be replicated or tailored for greater impact, and (4) create methods, tactics, and ideas that support more effective and efficient action.

We hope you will join us as we take action to eliminate racial and ethnic disparities in health!

More information about the summit <http://www.omhrc.gov/npasummit2009/>

*Source: Federal Office of Minority Health*



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## GRANTS

### *Salud America! The RWJF Research Network to Prevent Obesity Among Latino Children*

Salud America! is a national program of the Robert Wood Johnson Foundation (RWJF) that supports research on environmental and policy solutions to the epidemic of obesity among Latino children. The program also aims to develop a network of researchers whose findings will help identify the most promising obesity-prevention strategies specifically tailored for Latino communities.

The specific objectives of this call for proposals (CFP) are: to increase the skills and experience of researchers who are working to reduce and prevent obesity among Latino children; and identify the most promising policy-relevant strategies to reduce and prevent obesity among Latino children. Investigators must propose a project in one of two general areas: 1) research that has strong potential to inform policy; or 2) the evaluation of an existing policy or program, its implementation or its impact. Both research and evaluation proposals must focus on one topic from the detailed lists included in the full CFP.

Click here for more details <http://www.rwjf.org/grants/npa.jsp?OFFICEKEY=SALUD>

Department of Health and Human Services

National Institutes of Health

Understanding and Promoting Health Literacy (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43744>

Department of Health and Human Services

National Institutes of Health

Understanding and Promoting Health Literacy (R03) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43745>

Department of Health and Human Services

National Institutes of Health

Understanding and Promoting Health Literacy (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43759>

Department of Health and Human Services

National Institutes of Health

Promoting Careers In Aging and Health Disparities Research (K01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=44225>

Department of Health and Human Services

National Institutes of Health

Reducing Health Disparities Among Minority and Underserved Children (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43942>

For more funding opportunities visit the previous issues of *The Connection*  
<http://www.health.utah.gov/cmh/news.html#newsletters>





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National Institutes of Health

Behavioral and Social Science Research on Understanding and Reducing Health Disparities (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43937>

Department of Health and Human Services

National Institutes of Health

Identifying and Reducing Diabetes and Obesity Related Health Disparities within Healthcare Systems (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43941>

Department of Health and Human Services

National Institutes of Health

Reducing Health Disparities Among Minority and Underserved Children (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43942>

Department of Health and Human Services

National Institutes of Health

Reducing Health Disparities Among Minority and Underserved Children (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43943>

Department of Health and Human Services

National Institutes of Health

Health Research with Diverse Populations (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43957>

Department of Health and Human Services

National Institutes of Health

Health Promotion Among Racial and Ethnic Minority Males (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43967>

Department of Health and Human Services

National Institutes of Health

Health Promotion Among Racial and Ethnic Minority Males (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43968>

Department of Health and Human Services

National Institutes of Health

Health Promotion Among Racial and Ethnic Minority Males (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43967>

Department of Health and Human Services

National Institutes of Health

Health Promotion Among Racial and Ethnic Minority Males (R01) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=43968>

Department of Health and Human Services

National Institutes of Health

The Effect of Racial and Ethnic Discrimination/Bias on Health Care Delivery (R21) Grant

<http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=44040>

For more funding opportunities visit the previous issues of *The Connection*  
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## TRAININGS / HEALTH FAIRS / EVENTS

### Creating Vigilant, Prepared, and Resilient Communities for Homeland Security: A Community Outreach Approach to Homeland Security

**Date:** January 14-15, 2009,

**Location:** Castle Dale County Building, 75 E. Main Street, Castle Dale, Utah

**Sponsored By:** Utah Commission on Volunteers, Emery County Sheriff's Office

This no-cost training is supported and certified by the U.S. Department of Homeland Security, Office of Grants and Training, Course #AWR182. Meals and lodging are the responsibility of attendees.

**Registration:** Online registration: [www.regonline.com/CVPR](http://www.regonline.com/CVPR)

Registration is required. Classes are filled on a first-come, first-serve basis. Participants are encouraged to attend as teams of individuals from their community. Registration is required for each person. Registration closes January 5, 2009

**For More Information:** Call 435 760-2471 or email [Rwhendricks1@comcast.net](mailto:Rwhendricks1@comcast.net)

### Free Flu Vaccines and Health and Health Screenings

For appointments call: 801-487-4145

Date: December 16, 2008 (8:30 am – 12:30 pm)

Location: Mexican consulate 155 S, 300 W SLC

### "Cultural Competence in Breastfeeding"

Presenter: Jay Moreland, MD

Date and time: January 28, 2009, 2:00-4:00 pm

Location: Cannon Health Building (288 North 1460 West) room 125

Organized by: Utah Breastfeeding Coalition

Videoconferencing is available to local health departments. Please contact Cara Munson as soon as possible if you wish to arrange for this [cmunson@utah.gov](mailto:cmunson@utah.gov)

### "Trees of Diversity"

For the past five years the Utah Cultural Celebration Center has featured a holiday tree exhibit in the Celebration Gallery. The purpose of this exhibit is to bring the community together in the Celebration of various holiday traditions not only from different countries but from different religious backgrounds and various family or community traditions. The tree is used as a sign of friendship and is used to display the art and artifacts representing the richness of our community traditions. The 2008 Trees of Diversity exhibition will have over 35 trees and holiday scenes created by various community and ethnic groups.

The Cultural Center will also be displaying artifacts and other historical items from around the world, along with art pieces, nutcrackers, sculptures, wreaths, train sets and other holiday items. Bring the whole family to celebrate this special time of year, and to learn about other holiday traditions from around the world.

When: Ongoing through January 7, 2009. From 9:00 am– 6:00 pm

Location: Utah cultural Celebration Center 1335 W 3100 S, SLC

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## WE WOULD LIKE TO HEAR FROM YOU

Please submit: feedback, suggestions, ideas, news, events or articles to: [ddiez@utah.gov](mailto:ddiez@utah.gov)



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### The Connection

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#### ABOUT THE CMH

The Center for Multicultural Health (CMH) is the Utah office of minority health. It is part of the Utah Department of Health, Division of Community and Family Health Services.

Our mission is to promote accessible and high-quality programs and policies that help all racial and ethnic minorities in Utah achieve optimal health. We accomplish our mission by increasing public and health professional awareness of persistent race/ethnic disparities and by developing effective health policies and culturally competent programs that lead to better access and utilization of quality health care services in Utah.

[www.health.utah.gov/cmh](http://www.health.utah.gov/cmh)

## MULTICULTURAL BROWN BAG SERIES (Organized by the Center for Multicultural Health)

### “Race: The Power of an Illusion”

This documentary will help viewers confront the confusions and misconceptions surrounding the concept of race.

It is an eye-opening tale on how the ideas we assume to be normal, even scientific, are actually shaped by our history, social institutions, and cultural beliefs.

### - Episode III: “The House We Live In”

Excerpt: Race exists not because of physical differences, but because of meanings, customs, and policies based on those differences.

Duration: 45 min. followed by a brief discussion

Location: room 125, Utah Department of Health (288 N 1460 W, Salt Lake City.)

Date: December 16 @ 1:00 pm

### - Episode I: “The Difference Between Us”

Excerpt: Examine the contemporary science, including genetics that challenges our assumptions about human groups.

Duration: 45 min. followed by a brief discussion

Location: room 125, Utah Department of Health (288 N 1460 W, Salt Lake City.)

Date: January 22 @ 1:00 pm

### “Faces and Voices of Refugee Youth”

Excerpt: They are being called “children of courage.” They are the young refugees living in Utah. Like countless other refugees living throughout the world, they and their families left their countries of origin to escape political upheaval and persecution based on race, religion, nationality, or political opinion. This HUED documentary in collaboration with the Utah Center for documentary arts looks at the lives of refugees living in Salt Lake through the voices of six young people from Kosovo, Russia, Serbia/Croatia, Sudan, Afghanistan, and Cuba.

Duration: 40 minutes. followed by a brief discussion

Location: room 125, Utah Department of Health (288 N 1460 W, Salt Lake City.)

Date: January 8 @ 1:00 pm

**All the brown bags are free and open to the public.  
No registration required**

For more events visit our calendar  
<http://my.calendars.net/multicultural>

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